

*The Scottish Borders Healthy Choices Award Scheme has been developed for the catering sector in the Scottish Borders to maintain the drive of improving the diet of the region's population.*

*Here at the Philipburn we are committed to that principle and support the Scottish Borders Healthy Choices Award Scheme by actively promoting healthy choices on all of our menus.*

*We aim to promote the importance of healthy food choice in maintaining and enhancing a healthy lifestyle. We aim to make healthy choices attractive to all customers to encourage a positive attitude to food and good health.*

*Healthy choice options can be identified by this logo.*



*Dishes highlighted are deemed to be a healthy choice as they may be low in salt, low in fat, made with lean meat, made using low fat cheese, high in carbohydrate or include fruit and vegetables.*

*Please be advised that special diets can be catered for.*

*While we make every effort to ensure that allergens are identified, we cannot guarantee this, if in doubt ask. All dishes are prepared in an environment where nuts are used. Low sodium salt is only used sparingly in our cooking.*